

	<b>Half term 1</b>	<b>Half term 2</b>	<b>Half term 3</b>	<b>Half term 4</b>	<b>Half term 5</b>	<b>Half term 6</b>
<b>Yr7</b>	<b>Introduction to the academy and RICH</b> Transition to secondary school Restart a Heart – CPR training	<b>Relationships - building relationships</b> Self-worth, romance and friendships (including online) and relationship boundaries	<b>Living in the wider world – introduction to employment and careers</b> Exploring types of job and employability skills	<b>Relationships – diversity</b> Diversity, prejudice, and bullying, peer on peer abuse	<b>Health and wellbeing – health and puberty</b> Healthy routines, influences on health, puberty, unwanted contact, and FGM	<b>Living in the wider world – media literacy and introducing finances</b> Saving, borrowing, budgeting and making financial choices
<b>Yr8</b>	<b>Relationships – discrimination</b> Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia	<b>Health and wellbeing – drugs and alcohol</b> Alcohol and drug misuse and pressures relating to drug use	<b>Living in the wider world – next steps, qualifications and LMI</b> Choices and pathways for qualifications and employment	<b>Relationships – identity and relationships</b> Gender identity, sexual orientation, consent, ‘sexting’, and an introduction to contraception, peer on peer abuse	<b>Health and wellbeing - emotional wellbeing</b> Mental health and emotional wellbeing, including body image and coping strategies	<b>Living in the wider world – media literacy and digital resilience</b> Online safety, digital literacy, media reliability, and gambling hooks
<b>Yr9</b>	<b>Relationships – respectful relationships</b> Families and parenting, healthy relationships, conflict resolution, and relationship changes	<b>Health and wellbeing – substance use and gangs</b> Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	<b>Living in the wider world – employment rights and budgeting</b> Exploring types of employment, employment rights and effective money management	<b>Relationships – intimate relationships</b> Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography, peer on peer abuse	<b>Health and wellbeing – healthy lifestyle</b> Diet, exercise, lifestyle balance and healthy choices, and first aid	<b>Living in the wider world – goal setting and skills</b> Learning strengths, career options and goal setting and employability
<b>Yr10</b>	<b>Relationships – healthy relationships</b> Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography, peer on peer abuse	<b>Health and wellbeing – mental health</b> Mental health and ill health, stigma, safeguarding health, including during periods of transition or change	<b>Living in the wider world – preparing for employment</b> CVs, student finance, health and safety and confidentiality in the workplace	<b>Relationships – addressing extremism and radicalisation</b> Community cohesion and challenging extremism	<b>Health and wellbeing – exploring influence</b> The influence and impact of drugs, gangs, role models and the media	<b>Living in the wider world – revision and preparation for work experience</b> Preparation for and evaluation of work experience and readiness for work
<b>Yr11</b>	<b>Living in the wider world – NECOP/FutureMe &amp; revision skills</b> Exploring revision, skills and creating an online presence	<b>Health and wellbeing – independence</b> Responsible health choices, and safety in independent contexts, stress management	<b>Relationships – communication and responsibility in relationships</b> Assertive communication relationship challenges and abuse. Parental responsibilities, pregnancy, marriage and forced marriage and changing relationships, peer on peer abuse	Intervention from midway through?		

