

SUBJECT NAME: Curriculum plan 2021 – 2022

	Half term 1	Half term 2	Half term 3	Half term 4	Half term 5	Half term 6
Yr7	Food hygiene &	Balanced diet	Nutritional needs of	Food hygiene &	Balanced diet	Nutritional needs of
	safety in the	Eatwell guide	specific groups	safety in the kitchen	Eatwell guide	specific groups
	kitchen	Function of	Practical/theory		Function of	Practical/theory
		nutrients in the	assessment		nutrients in the	assessment
		body			body	
Yr8	Review of food	Function of	Source of	Review of food	Function of	Source of
	hygiene & safety	ingredients	ingredients & their	hygiene & safety	ingredients	ingredients & their
	Food poisoning –	Raising agents	processing	Food poisoning –	Raising agents	processing
	cause &		Practical/theory	cause & symptoms,		Practical/theory
	symptoms,		assessment	prevention		assessment
	prevention					
Yr9	5 double lessons over the year					
	Introductory lesson					
	4x practical's					
Yr10	Understand the environment in which		Understand how	Understand healthy	Knowhow food can	Propose a
	Hospitality & Cateri	ng providers operate	Hospitality &	and safety	cause ill health	Hospitality &
			Catering provisions	Hospitality &		Catering provision
			operate	Catering		for specific needs
	Theory/practical		Theory/practical	Theory/practical	Theory/practical	Theory/practical
Yr11	Understand the importance pf nutrition		Understand menu	Unit 2	Unit 1	
	when planning menus		planning	Exam	revision	
	Theory/practical		Theory/practical	Theory/practical		