

High School Lunch Menu

SEPTEMBER - FEBRUARY

(Option 2wnh)

**WEEK
1**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Classic Mac & Cheese Seasoned Wedges (vg) Mixed Salad (vg)	Pork Sausages in Gravy Creamed Potatoes (v)	Roast Chicken Fillet Sage & Onion Stuffing (v), Gravy (v) Roast Potatoes (v)	Traditional Beef Lasagne Garlic Focaccia Bread (v) Mixed Salad (vg)	Battered Fish Fillet Chips (vg) Mushy Peas (vg)
Main Course	Creamy Sweetcorn Pot Pie (v) Seasoned Wedges (vg)	Quorn Sausages in Gravy (v) Creamed Potato (v)	Roast Quorn Fillet (v) Sage & Onion Stuffing (v), Gravy (v) Roast Potatoes (v)	Traditional Vegetable Lasagne Garlic Focaccia Bread (v) Mixed Salad (vg)	Roasted Tomato Risotto (v) Roast Potatoes (v)
Chef's choice of Seasonal Vegetables (v)(vg) and Salad Bar (vg) / Oven Baked Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v)(vg) Bolognese, Curry Chicken, Coronation Chicken / Fresh Sandwiches with (v) and (vg) options.					
Dessert (Fresh Fruit, Yoghurt, Cheese & Biscuits)	Strawberry Mousse (v)	Lemon Curd Sponge with Custard (v)	Fruity Flapjack (v)	Shortbread Biscuit (v)	Chocolate Orange Sponge with Chocolate Custard (v)

Why don't you swap the main dessert for fresh fruit or yoghurt and a chilled drink?



WEEK 1	WEEK 2	WEEK 3
01 Sept 25	08 Sept 25	15 Sept 25
22 Sept 25	29 Sept 25	06 Oct 25
13 Oct 25	20 Oct 25	03 Nov 25
10 Nov 25	17 Nov 25	24 Nov 25
01 dec 25	08 Dec 25	15 Dec 25
05 Jan 26	12 Jan 26	19 Jan 26
26 Jan 26	02 Feb 26	09 Feb 26

Menus are subject to availability (v)suitable for vegetarians (vg)vegan diets

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2**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Cheese & Bean Loaded Wedges (v) Oven Baked Crusty Bread (v) Mixed Salad (vg)	Beef Burger with Cheese in a Bun Skin on Wedges (v) Mixed Salad (vg)	Cheese & Ham Tortilla Wedge Mini Roast Potatoes (v) Mixed Salad (vg)	Buttery Chicken Tikka Masala Steamed Rice (vg) Naan Bread (v)	Breaded Fishcake Chips (vg) Tartare Sauce (v)
Main Course	Vegetable Biryani Curry Sauce (v) Naan Bread (v)	Southern Style Quorn Cheeseburger in a Bun (v) Skin on Wedges (v) Mixed Salad (vg)	Crunchy Buffalo Cauliflower Wings (vg) Oven Baked Crusty Bread (v)	Vegetable Masala Curry (v) Steamed Rice (vg) Naan Bread (v)	Quorn Sausage Pasta Bake (v) Garlic Bread Slice (v)
Chef's choice of Seasonal Vegetables (v)(vg) and Salad Bar (vg) / Oven Baked Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v)(vg) Bolognaise, Curry Chicken, Coronation Chicken / Fresh Sandwiches with (v) and (vg) options.					
Dessert (Fresh Fruit, Yoghurt, Cheese & Biscuits)	Sticky Orange Sponge with Custard (v)	Apple Turnover (v)	Lemon Muffin (v)	Peach & Custard Blondie (v)	Melting Moment Cookie (v)

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Cheese & Onion Quiche (v) Mini Oven Roast Potatoes (v) Mixed Salad (vg)	Hunters Chicken Seasoned Wedges (vg)	All Day Breakfast (Pork Sausage, Hash Brown, Beans, Omelette)	Traditional Mince & Dumplings Mashed Potato (v)	Fish Finger or Salmon Bite Bap Chips (vg) Tomato Dip (v)
Main Course	Mixed Bean Goulash (v) Mini Roast Potatoes (v)	Herby Cheese Omelette (v) Seasoned Wedges (v)	All Day Breakfast (v) (Quorn Sausage, Hash Brown, Beans, Omelette)	Traditional Minced Quorn & Dumplings (v) Mashed Potato (v)	Rich Vegetable Ragu with Penne Pasta (v) Garlic Dough Balls (v)
Chef's choice of Seasonal Vegetables (v)(vg) and Salad Bar (vg) / Oven Baked Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v)(vg) Bolognaise, Curry Chicken, Coronation Chicken / Fresh Sandwiches with (v) and (vg) options.					
Dessert (Fresh Fruit, Yoghurt, Cheese & Biscuits)	Toffee Cake with Custard (v)	Pancakes with Toffee Sauce & Sliced Banana (v)	Frozen Yoghurt or Fruit Pot (v)	Apple Crumble & Custard (v)	Mixed Berry Muffin (v)

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